

Clinic Offers Integrated Behavioral Health Services Across New York

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By VNS Health TODAY

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To help meet the urgent need for integrated mental health and substance-use disorder (SUD) services across the metro New York region, we have opened a federally funded Certified Community Behavioral Health Clinic (CCBHC) in the South Bronx. The clinic offers both in-person and remote mental health-SUD treatment.

Why it matters: By making integrated mental health-SUD services accessible to residents across metropolitan New York, we are addressing a significant resource gap—particularly in the Mott Haven neighborhood where the clinic is located, which has one of the highest opioid overdose rates in New York State.

The clinic treats individuals of all ages with a special focus on youth and young adults, providing coordinated mental health and addiction treatment, crisis intervention, and linkage to broader health care and safety net services. While the clinic takes all insurance types—including Medicaid and Medicare—no one is declined services due to inability to pay.

The clinic's care team includes a psychiatrist, an addiction medicine physician and nurse practitioners. Importantly, it also has a trained peer advocate whose lived experience provides special insight into clients' needs. For convenience, the clinic is open Monday through Friday until 9 p.m., allowing clients to visit after work, and on Saturdays until 6 p.m.

Source: <https://staging.vnshealth.org/about/newsroom/articles/clinic-offers-integrated-behavioral-health-services-across-new-york/>

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